

Serving Arkansas since 1884

The Centers

For Youth & Families

Building Healthy Children, Families and Communities

2017 Annual Report





The mission of Centers for Youth & Families is to provide specialized prevention, intervention and treatment services that promote emotional and social wellness for children and families of Arkansas.

Company Core Values

Family ● At Centers for Youth & Families, we are a family for families. We work together as a team to provide support to each other and to the families we serve.

Respect ● We believe each person is worthy of courtesy, politeness and kindness. We openly show our appreciation to our consumers, vendors and colleagues.

Integrity ● We are professional and honest in our working relationships. We hold ourselves accountable to the highest ethical and performance standards. We do the right thing.

Excellence ● For over 130 years, we have remained steadfast to our focus on the quality care of children and families. This sustained passion drives us toward continued improvement in the services we deliver.

Hope ● We give parents and children confidence to lead socially and emotionally healthy lives.

Your Hopes. Your Story. Our Focus.





Letter from the President

Dear Friends of Centers,

Thank you all for making this another great year for our kids. Because of you, we are able to make a tremendous difference in the lives of children and their families throughout Arkansas.

This past year we have looked to meet the needs of children in new ways. We have opened 15 new Therapeutic Foster Homes and plan to open another 15 this coming year. This will bring our total number of foster homes to 84. These homes are desperately needed by the State of Arkansas for placement of children with emotional issues, mostly due to the trauma they have suffered in an unstable home and being placed in the custody of the State.

Our Foundation and volunteers have initiated a new Champions of Hope program for young men in their junior and senior year of high school. It is designed to raise awareness among youth in our community regarding the issues we face, and the issues faced by many of our clients. Champions do volunteer service projects at The Centers and also learn about our clients and our programs. We have started with 15 young men this year and hope to continue to grow these future leaders.

Medicaid, our major funding source, continues its transformation efforts from the current plan to a new set of services focused more on community based programming. We are working hard to make sure we have programming in place to match these changes.

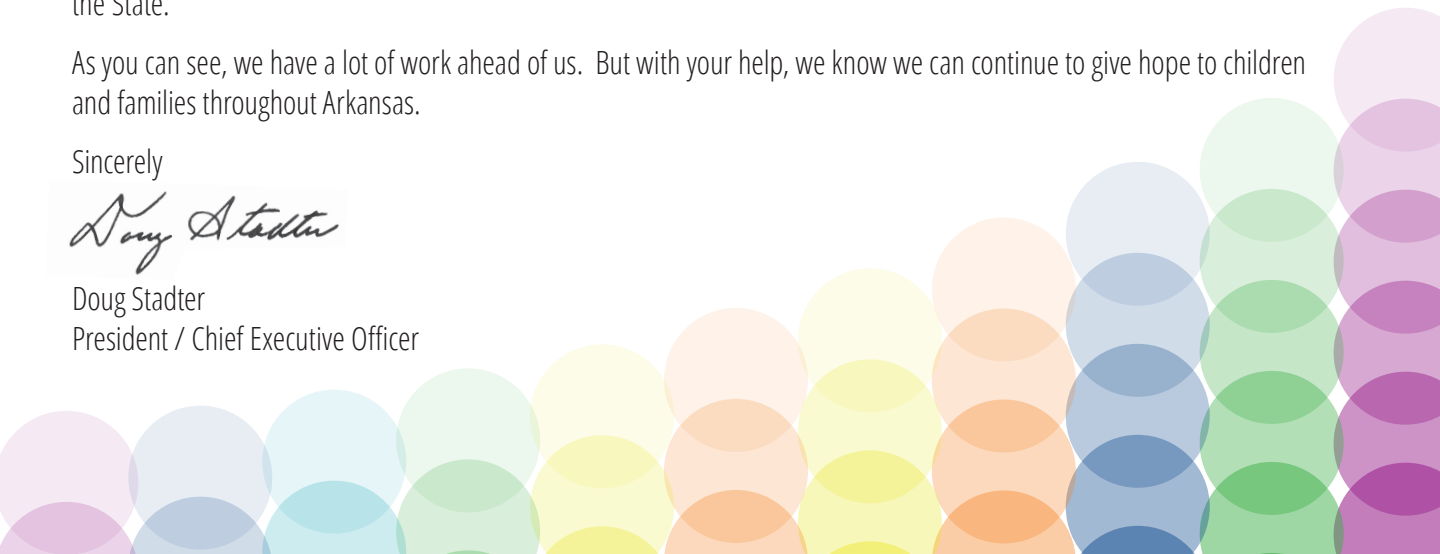
We are also continuing our work with the Medicaid provider led managed care program. This statewide project will begin in February 2018 providing care coordination for all high risk Medicaid clients with a behavioral health or developmental disabilities diagnosis. In January 2019, these programs will be “at risk” for all Medicaid healthcare expenditures for this population. Our goal is to provide access to these services, and at the same time, decrease the overall cost of healthcare to the State.

As you can see, we have a lot of work ahead of us. But with your help, we know we can continue to give hope to children and families throughout Arkansas.

Sincerely



Doug Stadter
President / Chief Executive Officer

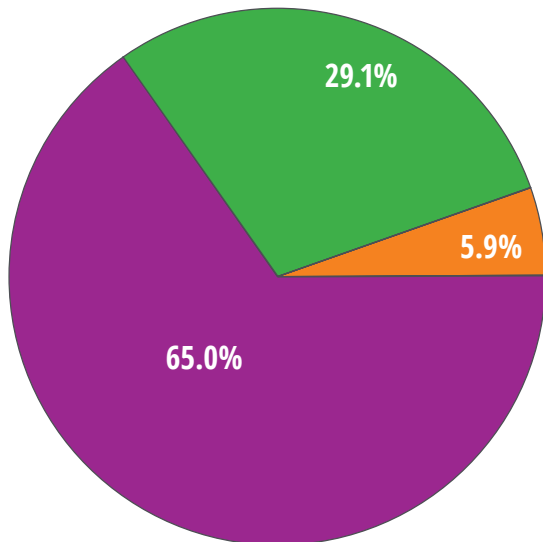
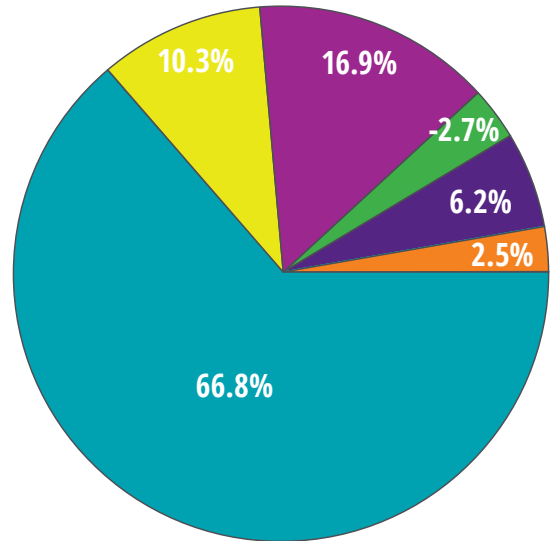


FY 2017 FINANCIAL Summary

Thank you to all of our sponsors and partners for another successful year!

Total Income & Support . . . 17,331,811

● Medicaid Services	\$11,575,768
● Federal Grants	\$1,781,299
● State Contracts	\$2,924,391
● Other Revenue	(\$460,605)
● Local Contracts	\$1,071,885
● Contributions/Fundraising	\$439,073



Total Expenses \$18,488,183

● Personnel	\$12,006,187
● General Operating	\$5,388,645
● Depreciation	\$1,093,351



PREVENTION Services

Education

- Parenting Classes 300 families served
- Parenting Classes 26 classes

Outreach

- Home Visiting Program 92 families served
- PREP Program 233 youth served

Wellness

- BCSCC Memberships 644
- Silver Fit Members 134



“Centers for Youth and Families home visitors have taught me how to be a good mom to my girls how to handle certain things when it comes down to their attitudes. Also, when I feel like I’m getting angry at my kids I learned how to take steps at a time to deal with it. I enjoy my new home visitor because she fully listens to what I have to say and then gives me a response. She tries to help me come up with different solutions to help me or overcome a situation. Everyone has helped me in some way and does their part of making a difference in our lives.”

– CFYF Healthy Families America Participant



INTERVENTION Programs



"Anytime we have questions about anything, there is always somebody we can call. We can always get information."

– Parent



"Services right away; started quickly. She loves her therapist, he listens to her and gives her a chance to express herself"

– Parent

Therapeutic Family Homes

Number of Clients Served 168
Total Days of Service 27,172

Therapeutic Transitional Living

Number of Clients Served 18
Total Days of Service 2,124

Youth Emergency Shelter

Number of Clients Served 121
Total Days of Service 4,069

Little Rock Outpatient

Number of Clients Served 1,349
Total Hours of Service 27,037

Day Treatment Program

Number of Clients Served 58
Total Days of Service 3,577

TREATMENT Programs



"They counsel him really well. He has made a break through in that he's more open and his social skills are improving."

– Parent



"(Centers gave) an awareness of what needs to be done as far as teaching me how to have patience and how to communicate better as a family. They give us a non-biased evaluation of our problems."

– Parent

Psychiatric Residential Programs

Little Rock Residential

Number of Clients Served..... 185
 Total Days of Service 17,022

57% Male

43% Female

Southeast Residential Center

Number of Clients Served..... 88
 Total Days of Service 8,328

62% Male

38% Female



2016-2017 MILESTONES

- In December 2016, Centers for Youth and Families completed the sale of the Bess Chisum Stephens Community Center to Carelink of Arkansas.
- The Parent Center at Centers for Youth and Families was selected to participate as one of eleven organizations acting as preceptors for the Clinton School of Public Service. Graduate students researched and presented a gap analysis of increasing reach and enrollment for parenting classes.
- CFYF began targeted group therapy services for victims of abuse at the Child Protection Center located on the campus of Arkansas Children's Hospital.
- Therapeutic Family Homes Program expanded services with the addition of fifteen new therapeutic foster homes.
- Centers for Youth and Families as part of the Arkansas Provider Coalition worked to develop a statewide network of providers. A Letter of Intent was submitted in June 2017 with the Arkansas Insurance Department to form a Provider-Led Arkansas Shared Savings Entity (PASSE).
- In June 2017, CFYF was awarded the Personal Responsibility Education Program (PREP) Grant by the Arkansas Department of Health in the amount of \$362,000. Education will be provided by CFYF Prevention Services to teens in areas throughout the state with high risk of teen pregnancy.



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Suzanne McCarthy, Member-At-Large
Doug Stadter, CFYF CEO & President

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Karen Flake, Kay Patton, Don Pfeifer



*We look forward to another
year of helping children,
adolescents, and **families**
find hope, learn resilience,
and rediscover possible.*



The Centers

For Youth & Families

Building Healthy Children, Families and Communities

PO Box 251970 • Little Rock, AR 72225-1970

501.666.8686 • 888.868.0023

www.CFYF.org

CFYF Locations

Elizabeth Mitchell Children's Center

Outpatient Counseling
Day Treatment

Elizabeth Mitchell Adolescent Center

Access/Admissions
Client Records
The Parent Center

6501-6601 West 12th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

STEP/TTLC

6425 West 12th Street
Little Rock, AR 72204
501.666.7233 or 888.868.0023

Freeway Medical Building

Suite 600
Therapeutic Family Homes Program

Suite 402
Executive Offices
Foundation Offices

Suite 101
Accounting
Administration
Human Resources
Risk Management
Prevention Services

5800 West 10th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

Southeast Residential Center

936 Jordan Drive
Monticello, AR 71655
870.460.0066 or 888.868.0023

Find us online /TheCentersAR

