



*Serving Arkansas since 1884*

**The Centers**

**For Youth & Families**

*Building Healthy Children, Families and Communities*

**2015 Annual Report**





**The mission of Centers for Youth & Families is to provide specialized prevention, intervention and treatment services that promote emotional and social wellness for children and families of Arkansas.**

### **Company Core Values**

**Family** ● At Centers for Youth & Families, we are a family for families. We work together as a team to provide support to each other and to the families we serve.

**Respect** ● We believe each person is worthy of courtesy, politeness and kindness. We openly show our appreciation to our consumer, vendors and colleagues.

**Integrity** ● We are professional and honest in our working relationships. We hold ourselves accountable to the highest ethical and performance standards. We do the right thing.

**Excellence** ● For over 130 years, we have remained steadfast to our focus on the quality care of children and families. This sustained passion drives us toward continued improvement in the services we deliver.

**Hope** ● We give parents and children confidence to lead socially and emotionally healthy lives.







# Letter from the President

Dear Friends of Centers,

This past year has seen many new initiatives for Centers in our efforts to expand and enhance our services for a wide array of people.

We have met our goal of training all staff in trauma focused care. Over 90% of our clients have experienced some form of trauma including physical, emotional and sexual abuse. It is crucial that our treatment teams recognize and understand the specific trauma affecting each of our clients. We also became part of a national trauma focused care program sponsored by the National Council of Community Behavioral Health. This program provides us with training tools, as well as access to a network of providers sharing their challenges and successes in this effort.

This year we are using what we have learned about trauma focused care to expand services to victims of human trafficking. This problem has reached epidemic levels nationwide, and is on the rise in Arkansas. All aspects of our continuum of care will be involved including prevention services, emergency shelter, residential treatment, therapeutic foster care, and day treatment. We have already begun admissions of Arkansas victims in to our residential treatment programs. Next year we will expand our services to accept victims from other states.

We have been actively involved in the two legislative taskforces established during the 90th General Assembly session. We have provided input regarding improvements in community behavioral health to both taskforces. We have also worked to educate individual legislators on the issues affecting care for children and adolescents. Our behavioral health home pilot project in Monticello concluded in June 2015 has also given us valuable insight into the development of coordinated behavioral and physical health care for our high need clients.

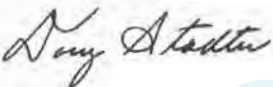
The Bess Chisum Stephens Community Center has continued to expand its offerings of new exercise and nutrition programs for all ages. These services are also made available to all of our clients receiving services in our Little Rock programs.

We established a protocol for admissions into our outpatient care program to assure that we offer appointments for new clients the same day they call. This has greatly improved our access to care efforts.

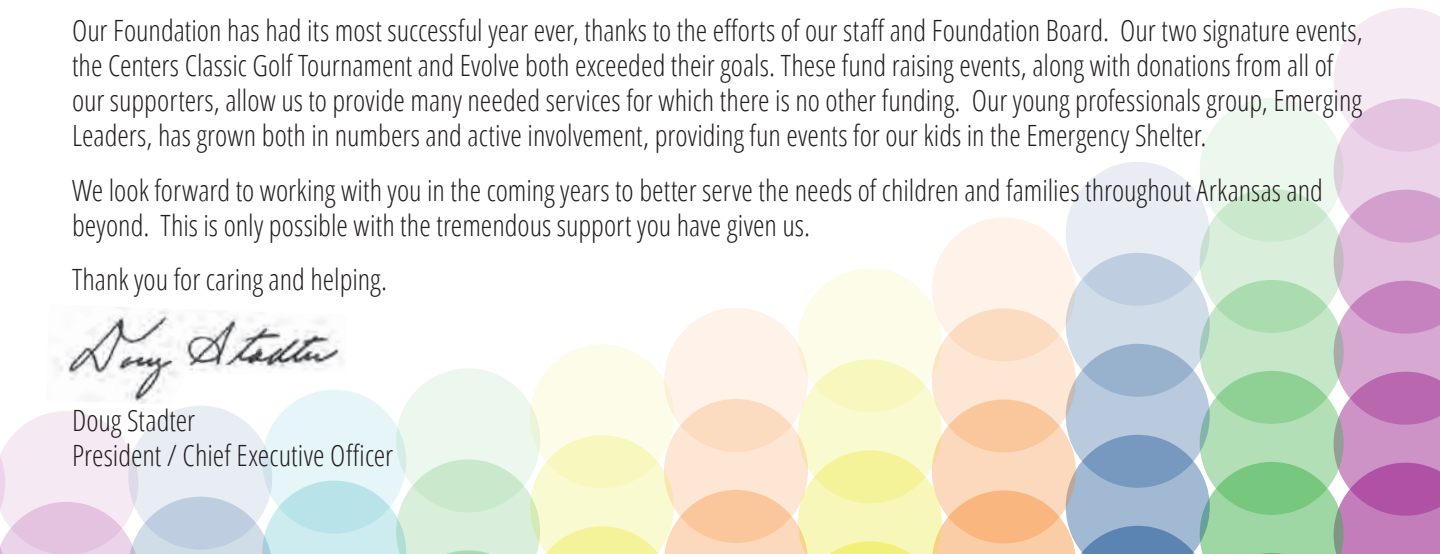
Our Foundation has had its most successful year ever, thanks to the efforts of our staff and Foundation Board. Our two signature events, the Centers Classic Golf Tournament and Evolve both exceeded their goals. These fund raising events, along with donations from all of our supporters, allow us to provide many needed services for which there is no other funding. Our young professionals group, Emerging Leaders, has grown both in numbers and active involvement, providing fun events for our kids in the Emergency Shelter.

We look forward to working with you in the coming years to better serve the needs of children and families throughout Arkansas and beyond. This is only possible with the tremendous support you have given us.

Thank you for caring and helping.



Doug Stadter  
President / Chief Executive Officer

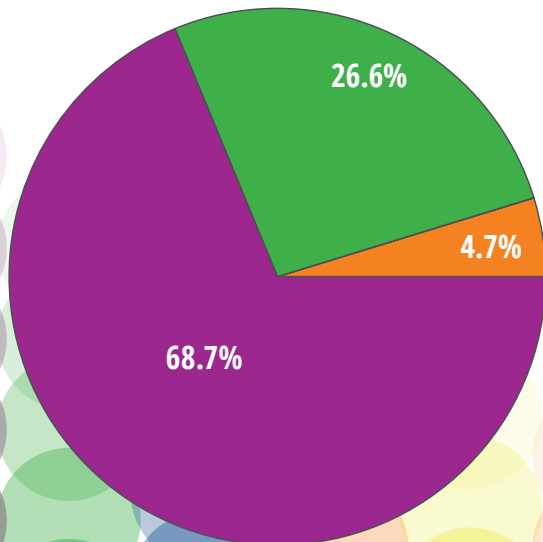
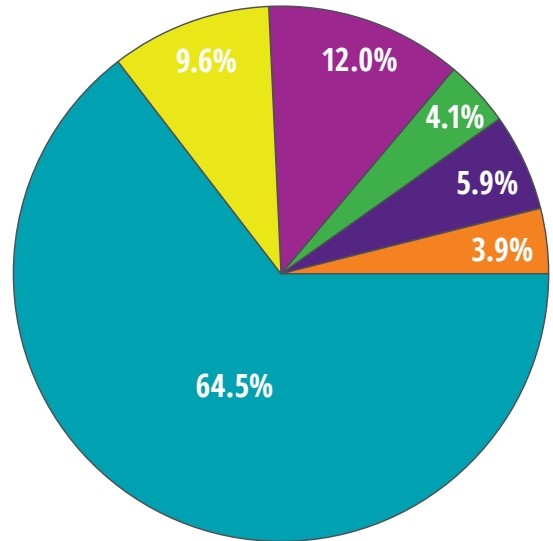


# FY 2015 FINANCIAL Summary

*Thank you to all of our sponsors and partners for another successful year!*

## Total Income & Support . . . 18,516,090

- Medicaid Services . . . . . \$11,942,196
- Federal Grants . . . . . \$1,773,925
- State Contracts . . . . . \$2,217,223
- Other Revenue . . . . . \$766,938
- Local Contracts . . . . . \$1,100,793
- Contributions/Fundraising . . . . . \$715,015

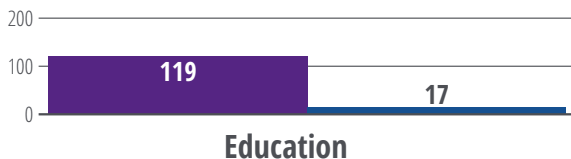


## Total Expenses . . . . . \$18,772,115

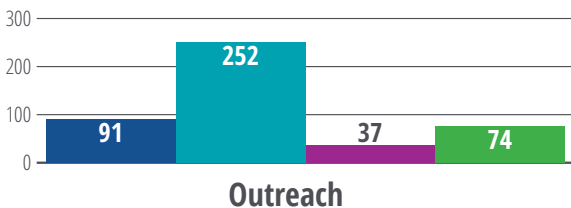
- Personnel . . . . . \$12,892,724
- General Operating . . . . . \$4,987,224
- Depreciation . . . . . \$892,167



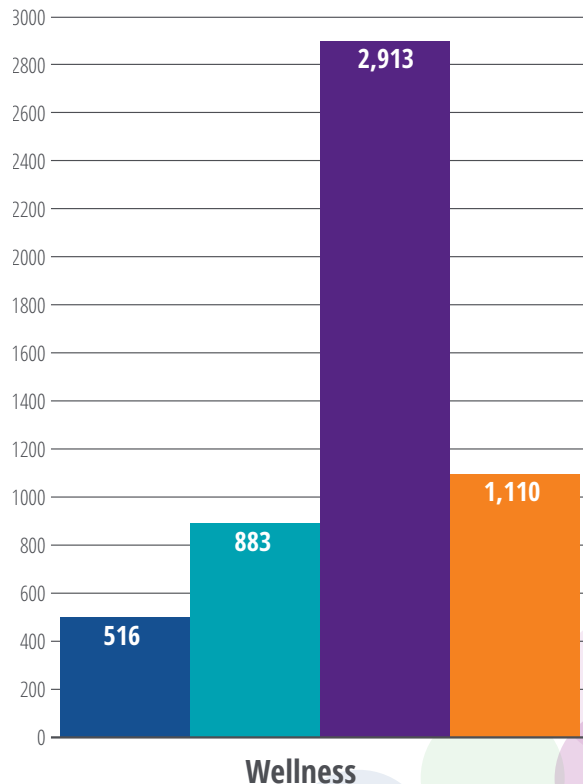
# PREVENTION Programs



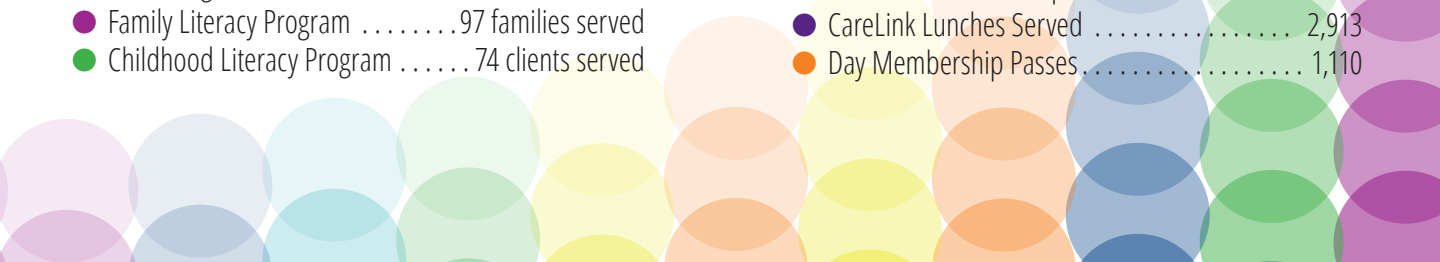
- Parenting Classes . . . . . 119 clients served
- Parent Resource Center . . . . . 17 clients served



- Home Visiting Program . . . . . 91 families served
- PREP Program . . . . . 252 clients served
- Family Literacy Program . . . . . 37 families served
- Childhood Literacy Program . . . . . 74 clients served

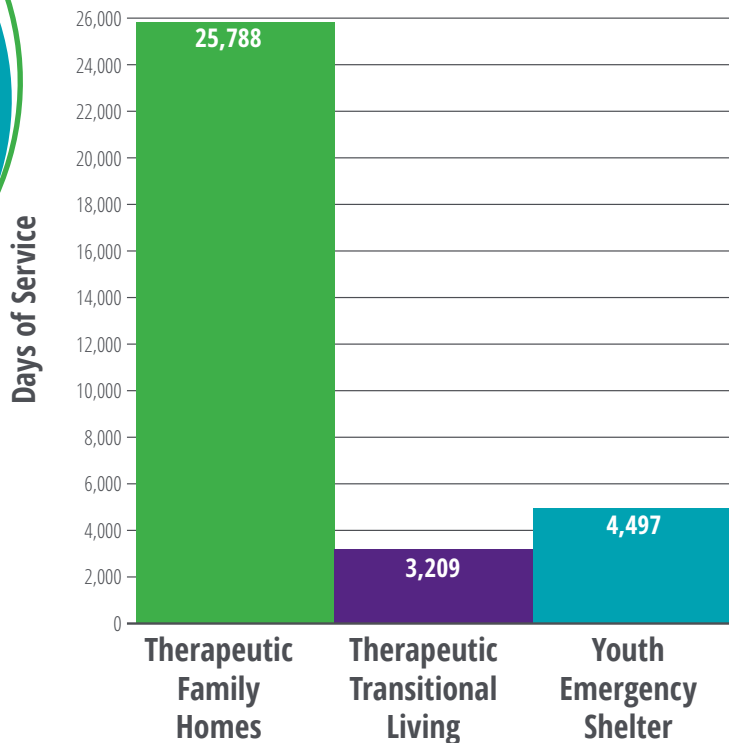


- BCSCC Memberships . . . . . 516
- Silver Sneakers Participants . . . . . 883
- CareLink Lunches Served . . . . . 2,913
- Day Membership Passes . . . . . 1,110





# INTERVENTION Programs



**Intervention Programs Total Days of Service . . . . . 33,494**

### Therapeutic Family Homes

Number of Clients Served . . . . . 175  
 Total Days of Service . . . . . 25,788  
 Average Length of Stay . . . . . 147.4

### Therapeutic Transitional Living

Number of Clients Served . . . . . 33  
 Total Days of Service . . . . . 3,209  
 Average Length of Stay . . . . . 97.2

### Youth Emergency Shelter

Number of Clients Served . . . . . 100  
 Total Days of Service . . . . . 4,497  
 Average Length of Stay . . . . . 44.9



# TREATMENT Programs

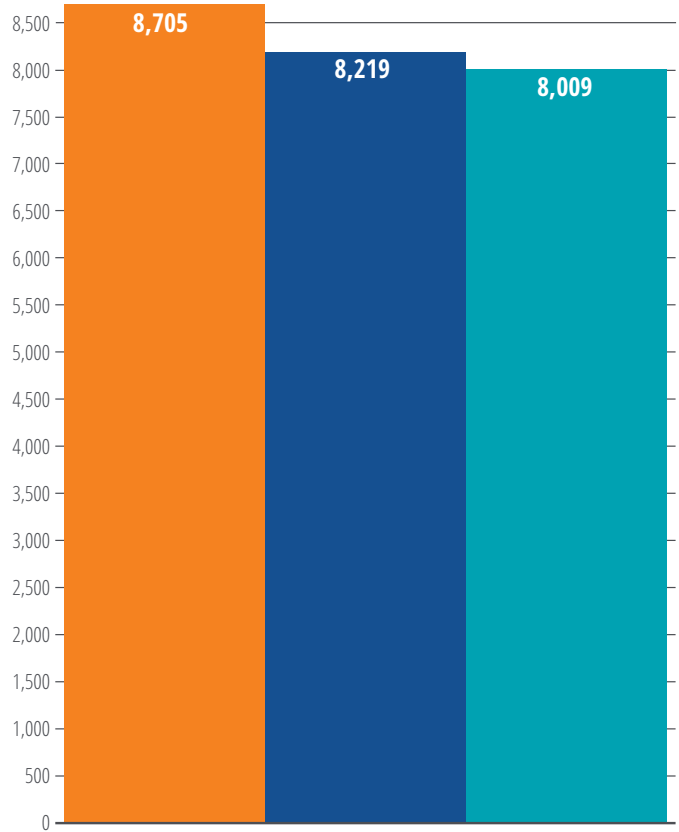
## Day Treatment Program

Days of Service ..... 4,748  
 Clients Served ..... 138

## Outpatient Counseling & School Based Counseling

Hours of Service ..... 26,396  
 Clients Served ..... 1,175

Days of Service



## Psychiatric Residential Programs

### Little Rock Children's Center

Number of Clients Served ..... 77  
 Total Days of Service ..... 8,705  
 Client Average Age ..... 9.87

64% Male

36% Female

### Little Rock Adolescent Center

Number of Clients Served ..... 83  
 Total Days of Service ..... 8,219  
 Client Average Age ..... 13.9

61% Male

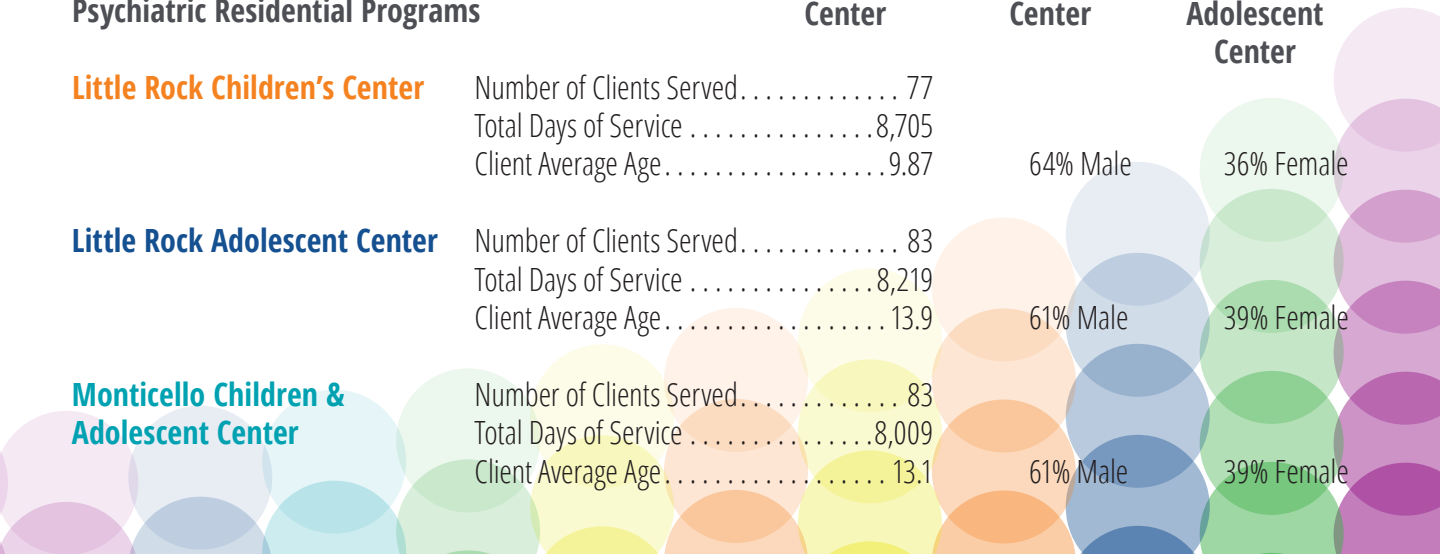
39% Female

### Monticello Children & Adolescent Center

Number of Clients Served ..... 83  
 Total Days of Service ..... 8,009  
 Client Average Age ..... 13.1

61% Male

39% Female





## 2014-2015 MILESTONES

- CFYF provided agency wide training and implementation of Trauma Informed Care (TIC), a nationally recognized evidence based approach. Over 90% of children CFYF serves have experienced trauma
- Access to Care enhanced services to provide same day appointments for first time clients.
- Outpatient Services expanded age of clients served to twenty-six years of age to better care for the young adult and transitional youth population. In addition, counseling services also expanded to provide therapy for adult family members of clients.
- Bess Chisum Stephens Community Center partnered with Carelink to provide daily meals and activities for Senior Adults.
- The Behavioral Health Home Pilot project was implemented and completed within Monticello Residential.
- Executive staff provided input for the Health Care Reform and Criminal Justice Task Force for the Arkansas State Legislature.
- Centers for Youth and Families received a \$10,000 grant from Heart of Arkansas United Way to design and begin an online Parent Resource Library.
- Centers for Youth and Families received an \$8,500 grant from the Arkansas Arts Council for Artists-In-Education Summer Residency Program, which provided two professional artists who taught music education and African rhythmic drumming to children ages 5-17 in the summer.

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### **Agency Board of Directors**

Kim Evans, Chair

Mark Allison, Vice Chair

Matt Suffern, Secretary

Andy LaGrone, Treasurer

Chad May, Member-at-Large

Doug Stadter, CFYF CEO & President

Carole Baxter, Peyton Bishop, Ron Boyeskie,  
Kelly Eichler, Jo Evelyn Elston, Rick Fleetwood,  
Michel Leidermann, Suzanne McCarthy,  
Lori Montgomery, John Neumeier, Don Pfeifer,  
Barry Simon, Kim Stafford

### **Foundation Board of Trustees**

Deb Haddadi, Chairman

Tommy Clements, Secretary/Treasurer

Carolyn McCone, Foundation Executive Director

Doug Stadter, CFYF CEO & President

Eddie Bailey, Melissa Bandy, Austin Brightop,  
Matt Buchanan, Nick Copas, Ginny Deuschle,  
Kelly Eichler, Kim Evans, J.T. Ferstl,  
Charlotte Gadberry, Lynn Harbert,  
Greg Hatcher, Rami Kassessieh, Lewis May,  
Greg McCarroll, Robert McLarty, Rob Noirot,  
Paul Parnell, Brandon Rogers,  
Chris Shenep, Dan Young

### **Emeritus Board**

Joellen Beard, Peyton Bishop, Ellon Cockrill,  
Karen Flake, Kay Patton, Don Pfeifer



*We are looking forward to another great year  
of building healthier children and families!*



# The Centers

For Youth & Families

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**PO Box 251970 • Little Rock, AR 72225-1970**

**501.666.8686 • 888.868.0023**

**[www.CFYF.org](http://www.CFYF.org)**

## **CFYF Locations**

### **Elizabeth Mitchell Children's Center**

Outpatient Counseling  
Day Treatment

### **Elizabeth Mitchell Adolescent Center**

Access/Admissions  
Client Records  
Executive Offices

6501-6601 West 12th Street  
Little Rock, AR 72204  
501.666.8686 or 888.868.0023

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### **Youth Emergency Shelter**

6425 West 12th Street  
Little Rock, AR 72204  
501.666.7233 or 888.868.0023

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### **Bess Chisum Stephens Community Center**

Parent Resource Center  
1200 South Cleveland  
Little Rock, AR 72204  
501.664.4268

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### **Freeway Medical Building**

Suite 600  
Therapeutic Family Homes Program  
Prevention Services

Suite 101  
Accounting  
Administration  
Foundation Offices  
Human Resources  
Risk Management

5800 West 10th Street  
Little Rock, AR 72204  
501.666.8686 or 888.868.0023

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### **Southeast Residential Center**

936 Jordan Drive  
Monticello, AR 71655  
870.460.0066 or 888.868.0023

Find us online /TheCentersAR

