

Prevention

Intervention

Treatment

Serving Arkansas since 1884

The Centers

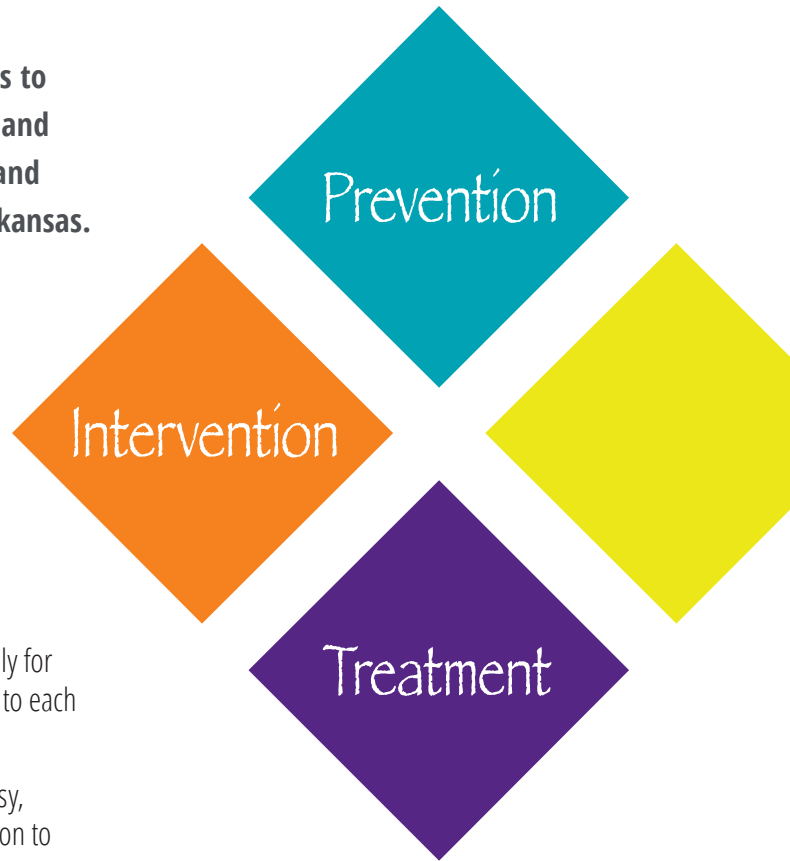
For Youth & Families

Building Healthy Children, Families and Communities

2014 Annual Report



The mission of Centers for Youth & Families is to provide specialized prevention, intervention and treatment services that promote emotional and social wellness for children and families of Arkansas.



Company Core Values

Family ❖ At Centers for Youth & Families, we are a family for families. We work together as a team to provide support to each other and to the families we serve.

Respect ❖ We believe each person is worthy of courtesy, politeness and kindness. We openly show our appreciation to our consumer, vendors and colleagues.

Integrity ❖ We are professional and honest in our working relationships. We hold ourselves accountable to the highest ethical and performance standards. We do the right thing.

Excellence ❖ For over 130 years, we have remained steadfast to our focus on the quality care of children and families. This sustained passion drives us toward continued improvement in the services we deliver.

Hope ❖ We give parents and children confidence to lead socially and emotionally healthy lives.



Thank you to all of our sponsors and partners for another successful year!

Letter from the PRESIDENT



First of all, let me say thank you to all of our supporters and partners for another successful year of serving the children and families of Arkansas. With your help, we have initiated several new programs and services with more on the way this year.

As during the past year, we will continue to develop new service delivery models in response to Arkansas' Medicaid Transformation project and healthcare reform. This past year we have begun to integrate our services with physical healthcare providers. Our Monticello Residential Program began a pilot project for implementation of a Behavioral Health Home. The goal of the Behavioral Health Home is to coordinate all care and resources necessary for the client's behavioral and physical health. By beginning the only pilot program in the state we will be positioned to implement the Behavioral Health Home agency wide once Arkansas' Medicaid Transformation begins.

We began efforts this year to implement trauma focused care with training and certification for several of our clinical staff. Over 90% of our clients have suffered some form of trauma. Within the next year all direct service staff will be trained in trauma focused care and this evidence based practice will be applied agency wide.

Through an expanded partnership with CareLink we began providing daily physical and mental wellness activities to the senior community at the Bess Chisum Stephens Community Center. We plan to enhance these services during the coming year to better serve the senior citizens of Central Arkansas.

Within the next year our Prevention Services will be expanding its Parent Resource Center to allow parents and families access to all of our available parenting resources online. This will allow us to meet the needs of today's parents as well as serve a much broader audience.

This past year we completed the consolidation of all our Little Rock programming onto our 12th Street campus. This includes all new Day Treatment Program classrooms co-located with our Outpatient Therapy services. Our facilities have also been upgraded to energy efficient systems. Parent education classes are now being offered at the Bess Chisum Stephens Community Center. This move is improving our ability to offer services to the community in a more efficient manner.

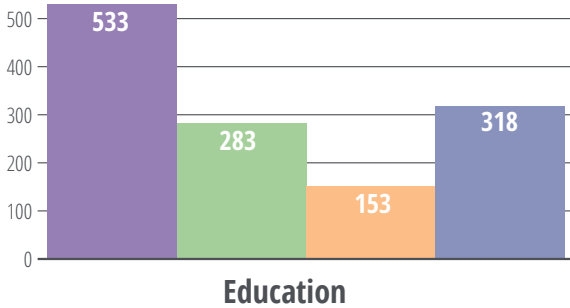
Thank you again Arkansas, for helping us build healthier children and families in our State.

Sincerely,

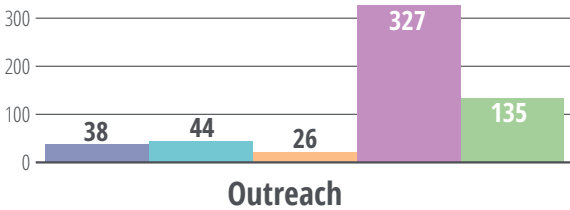
Doug Stadter



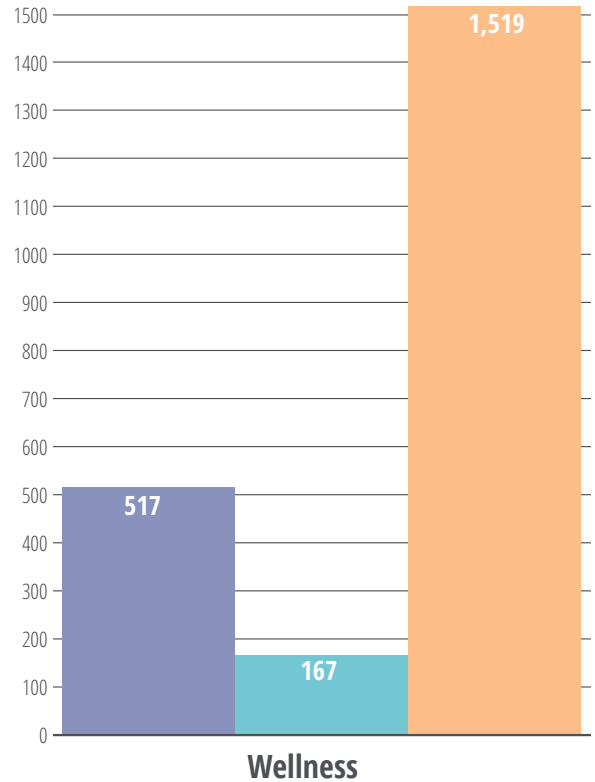
PREVENTION Programs



- ◆ Parenting Classes 533 clients served
- ◆ Community-Based Trainings 283 clients served
- ◆ Mental Health First Aid 153 clients served
- ◆ Parent Resource Center 318 clients served

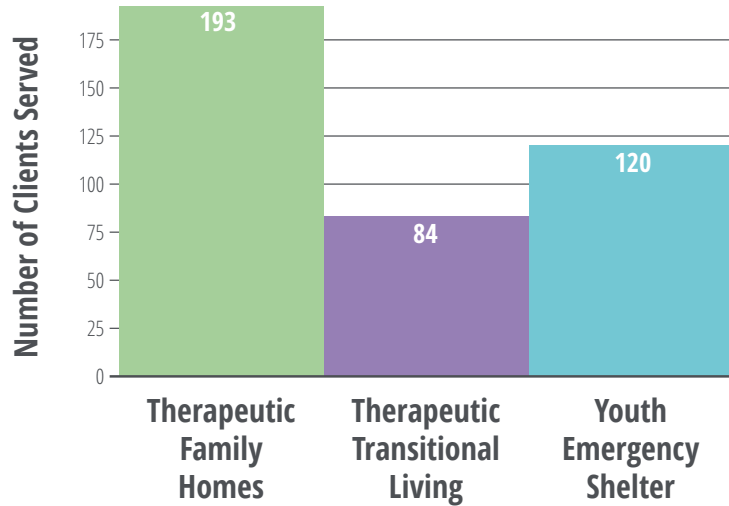


- ◆ Home Visiting Program (Hispanic). 38 families served
- ◆ Home Visiting Program (Delta) . . . 44 families served
- ◆ Home Visiting Program (Promise Neighborhood) 26 families served
- ◆ PREP Program 327 clients served
- ◆ Family Literacy Program 135 clients served



- ◆ BCSCC Memberships 517
- ◆ Silver Sneakers Participants 167
- ◆ CareLink Lunches Served 1,519

INTERVENTION Programs



Intervention Programs Total Days of Service 30,860

Therapeutic Family Homes Number of Clients Served. 193
 Total Days of Service 24,430
 Average Length of Stay 126.6

Therapeutic Transitional Living Number of Clients Served. 84
 Total Days of Service 2,971
 Average Length of Stay 87.4

Youth Emergency Shelter Number of Clients Served. 120
 Total Days of Service 3,459
 Average Length of Stay 28.8



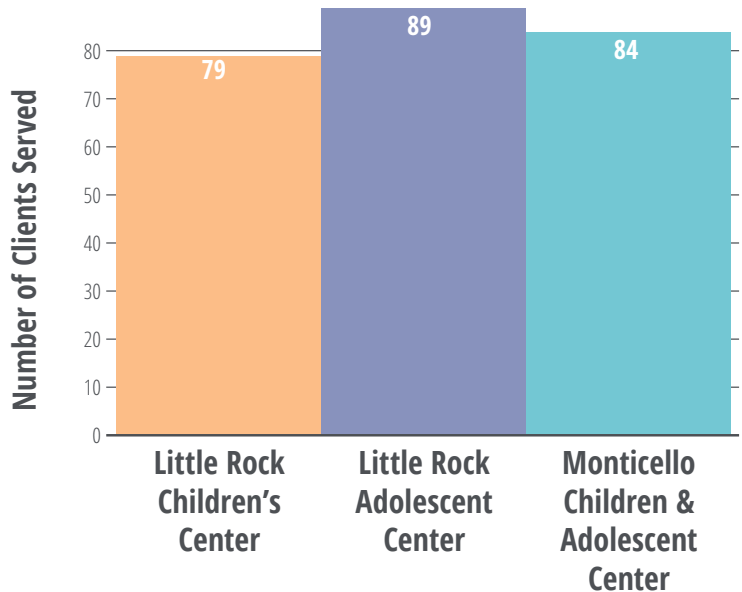
TREATMENT Programs

Day Treatment Program

Days of Service 5,775
 Clients Served 106

Outpatient Counseling & School Based Counseling

Hours of Service 23,666
 Clients Served 1,206



Psychiatric Residential Programs

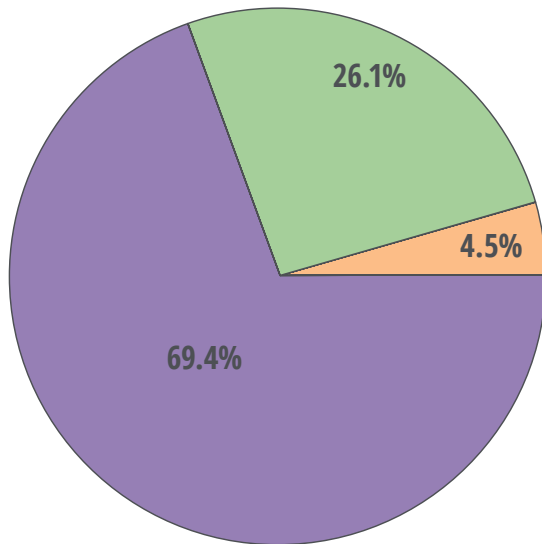
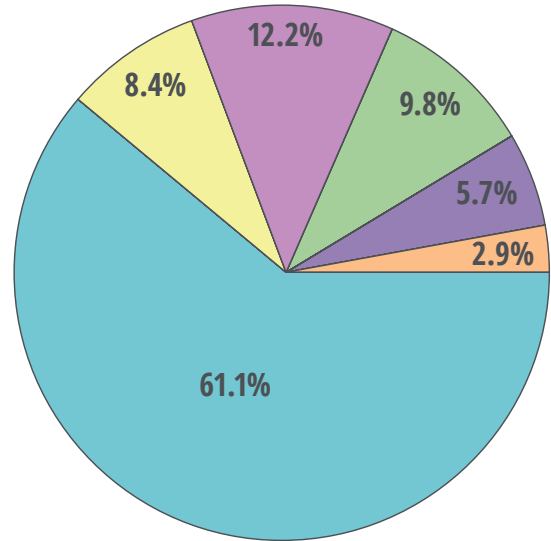
Center	Number of Clients Served	Total Days of Service	Client Average Age	Gender Distribution
Little Rock Children's Center	79	8,218	9.96	63% Male / 37% Female
Little Rock Adolescent Center	89	8,309	14.0	57% Male / 43% Female
Monticello Children & Adolescent Center	84	7,945	13.6	54% Male / 46% Female

FY 2014 Financial Summary



Total Income & Support . . . 18,997,241

❖ Medicaid Services	\$11,613,530
❖ Federal Grants	\$1,593,040
❖ State Contracts	\$2,308,618
❖ Other Revenue	\$1,858,215
❖ Local Contracts	\$1,080,857
❖ Contributions/Fundraising	\$542,981



Total Expenses \$18,990,037

❖ Personnel	\$13,171,376
❖ General Operating	\$4,965,086
❖ Depreciation	\$853,575



2013-2014 Milestones

- ❖ Monticello Residential Program began a pilot project for implementation of a Behavioral Health Home.
- ❖ Construction of new classrooms and offices for Day Treatment was completed.
- ❖ All facilities were upgraded to energy efficient systems.
- ❖ Parent Resource Center was relocated to the Bess Chisum Stephens Community Center.
- ❖ Partnership was expanded with CareLink to begin providing daily physical and mental wellness activities to the senior community at the Bess Chisum Stephens Community Center.
- ❖ Arkansas Children's Hospital Dental Outreach Clinic provided free services for clients at the Little Rock Residential Programs. They are scheduled to return for Day Treatment and the Monticello Residential Program.
- ❖ Added home based family counseling services throughout Southeast Arkansas to prevent situations requiring the child to be removed from their home. This is made possible through a contract with Arkansas Division of Children & Family Services.
- ❖ Little Rock Outpatient began a partnership with Little Rock Pediatric Clinic to provide mental health services to their patients.
- ❖ Therapeutic Family Homes Program received a specialized license through Child Welfare Licensing for Sexual Rehabilitative Program.
- ❖ Go! Families program funded through Blue and You Foundation for a Healthier Arkansas began with children from the Youth Emergency Shelter and Therapeutic Transitional Living Center.
- ❖ Little Rock Residential Program classrooms received iPads for instructional learning through Title 1 Federal funds.
- ❖ Youth Emergency Shelter received custom designed furniture through Bassett Furniture's "Make (over) a Difference" program.

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We are looking forward to another great year
of building healthier children and families!





The Centers

For Youth & Families

Building Healthy Children, Families and Communities

PO Box 251970 • Little Rock, AR 72225-1970
501.666.8686 • 888.868.0023
www.CFYF.org

CFYF Locations

Elizabeth Mitchell Children's Center

Outpatient Counseling
Day Treatment

Elizabeth Mitchell Adolescent Center

Access/Admissions
Client Records
Executive Offices

6501-6601 West 12th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

Youth Emergency Shelter

6425 West 12th Street
Little Rock, AR 72204
501.666.7233 or 888.868.0023

Bess Chisum Stephens Community Center

Parent Resource Center

1200 South Cleveland
Little Rock, AR 72204
501.664.4268

Freeway Medical Building

Suite 600
Therapeutic Family Homes Program
Prevention Services

Suite 101
Accounting
Administration
Foundation Offices
Human Resources
Risk Management

5800 West 10th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

Southeast Residential Center

936 Jordan Drive
Monticello, AR 71655
870.460.0066 or 888.868.0023

Find us online **/TheCentersAR**

