



2013 Annual Report



The mission of Centers for Youth & Families is to provide specialized prevention, intervention and treatment services that promote emotional and social wellness for children and families of Arkansas.

Company Core Values

FAMILY :: At Centers for Youth & Families, we are a family for families. We work together as a team to provide support to each other and to the families we serve.

RESPECT :: We believe each person is worthy of courtesy, politeness and kindness. We openly show our appreciation to our consumer, vendors and colleagues.

INTEGRITY :: We are professional and honest in our working relationships. We hold ourselves accountable to the highest ethical and performance standards. We do the right thing.

EXCELLENCE :: For over 128 years, we have remained steadfast to our focus on the quality care of children and families. This sustained passion drives us toward continued improvement in the services we deliver.

HOPE :: We give parents and children confidence to lead socially and emotionally healthy lives.



Letter From The **PRESIDENT**

First of all, let me say thank you to all of our supporters and partners for another successful year of serving the children and families of Arkansas. With your help, we have initiated several new programs and services with more on the way.

Centers has trained numerous individuals and groups in Mental Health First Aid. This is an accredited course through the National Council of Behavioral Health Centers. It is designed to assist people with the skills to recognize behaviors associated with the major mental illness diagnoses, teach them how to respond and where to get help for the person. In addition, the course helps to break the stigma of mental illness and treat it as any other illness.

We are excited to be planning the move of our Day Treatment Program to its new location on our 12th Street campus this January. We have completely renovated the space to accommodate our classrooms and therapy offices.

One of our most rewarding service expansions has been with medically fragile infants and toddlers suffering from serious physical health issues. With the cooperation and support of the Arkansas Department of Human Services, we are now able to offer these children a loving family and the medical care they need through our Therapeutic Foster Homes Program.

Our Prevention Services program is planning to offer new family health and wellness programs at our Bess Chisum Stephens Community Center. New services include a family nutrition and cooking course and more parenting and grand parenting classes.

We will continue to develop new service delivery models in response to Arkansas' Medicaid Transformation project and healthcare reform. We see many opportunities in these changes for improved services to our clients and partners at the home and community level.

We want to keep you updated on all that Centers for Youth & Families is doing throughout the year. Please like us on Facebook, follow us on Twitter and pin with us on Pinterest. Visit the website (www.cyf.org) often as well for program updates, calendars and helpful information.

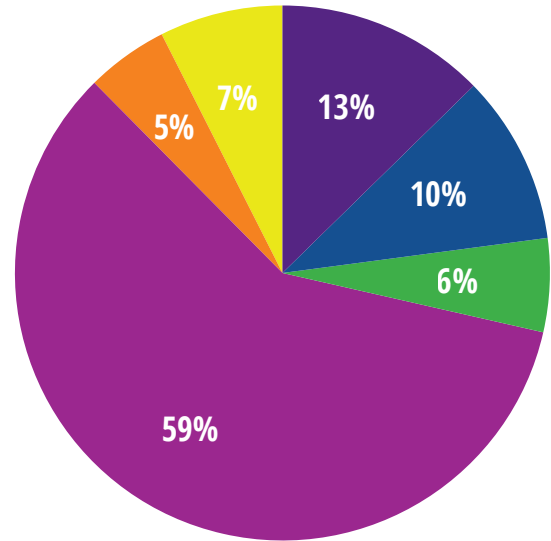
Thank you again Arkansas, for helping us build healthier children and families in our State.

Sincerely,
Doug Stadter

FY2013 Financial Summary

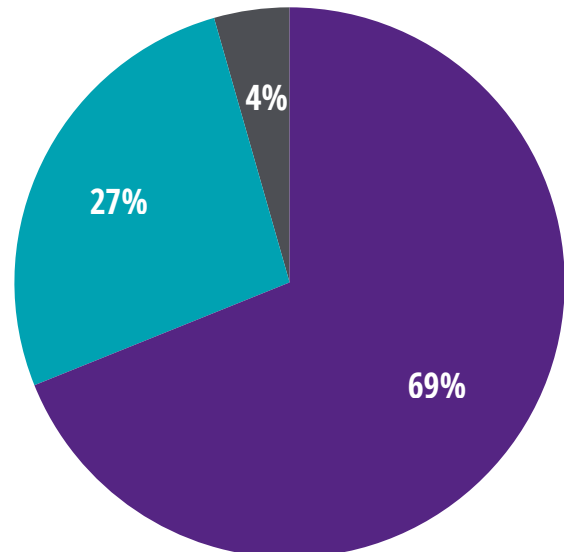
TOTAL INCOME & SUPPORT: \$20,555,241

- Medicaid Services: \$12,132,518
- Federal Grants: \$2,603,957
- State Contracts: \$2,103,891
- Other Revenue: \$1,532,590
- Local Contracts: \$1,163,180
- Contributions/Fundraising: \$1,019,105

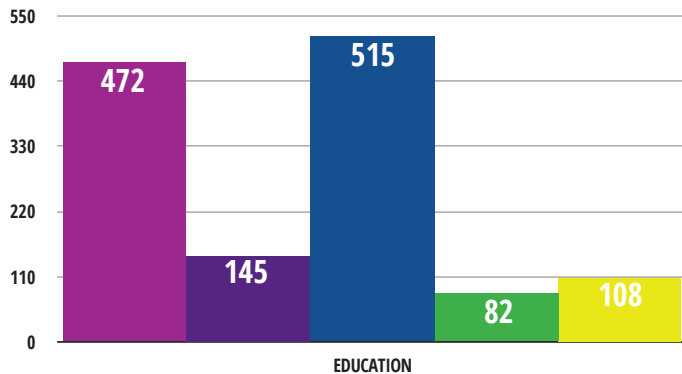


TOTAL EXPENSES: \$19,666,458

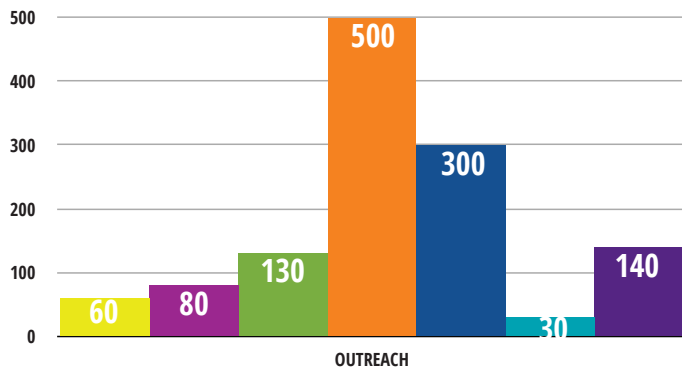
- Personnel: \$13,551,091
- General Operating: \$5,244,087
- Depreciation: \$871,280



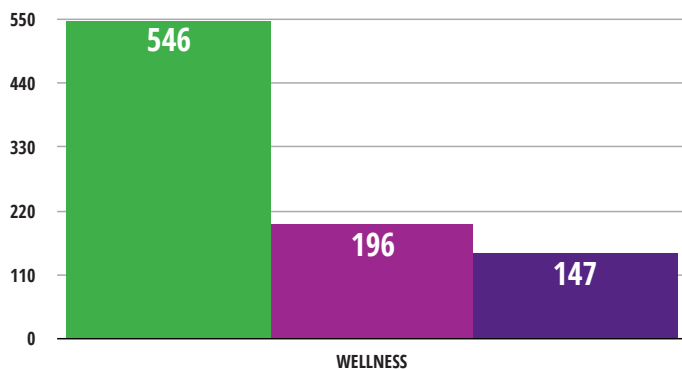
PREVENTION Programs



- Parenting Classes: 472 clients served
- Childcare Provider Trainings: 145 clients served
- Community-Based Trainings: 515 clients served
- Mental Health First Aid: 82 clients served
- Parent Resource Center: 108 clients served

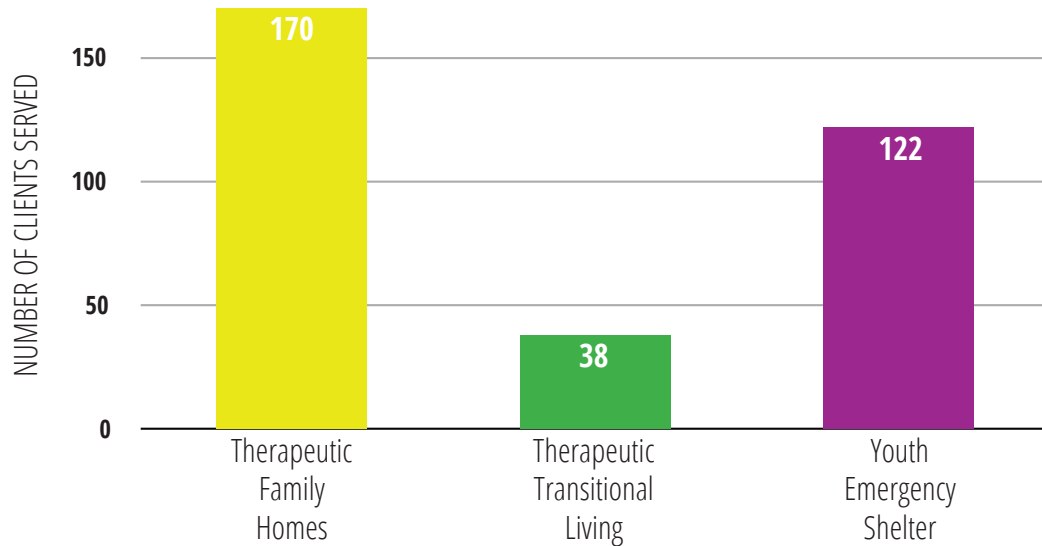


- Home Visiting Program (Delta): 60 families served
- Home Visiting Program (Little Rock): 80 families served
- Choosing the Best (Delta): 130 clients served
- Choosing the Best (Little Rock): 500 clients served
- PREP Program: 300 clients served
- Family Literacy Program: 30 clients served
- Parenting from Prison Program: 140 clients served



- BCSCC Memberships: 546
- Silver Sneakers: 196 participants
- Weekly Lunch: 147 participants

INTERVENTION Programs



INTERVENTION PROGRAMS TOTAL DAYS OF SERVICE: 28,093

THERAPEUTIC FAMILY HOMES

Total Days of Service: 21,577
Per Client Average: 126.9 days of service

THERAPEUTIC TRANSITIONAL LIVING

Total Days of Service: 3,139
Per Client Average: 82.6 days of service

YOUTH EMERGENCY SHELTER

Total Days of Service: 3,377
Per Client Average: 27.7 days of service

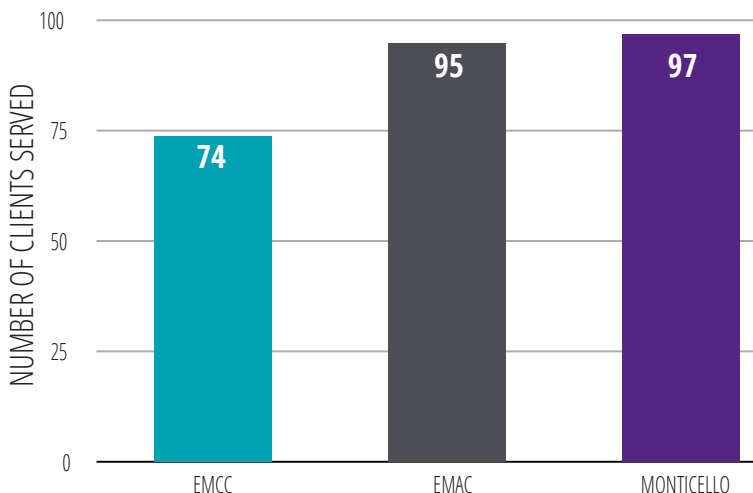
TREATMENT Programs

DAY TREATMENT SCHOOL:

6,512 days of service
77 clients served

OUTPATIENT COUNSELING & SCHOOL BASED COUNSELING:

20,413 hours of service
1,351 clients served



PSYCHIATRIC RESIDENTIAL SNAPSHOT:

TOTAL DAYS OF SERVICE

LITTLE ROCK CHILDREN'S CENTER (EMCC): 8,566
LITTLE ROCK ADOLESCENT CENTER (EMAC): 8,440
MONTICELLO CHILDREN & ADOLESCENT CENTER: 8,118

CLIENT AVERAGE AGE GENDER OF CLIENTS:

EMCC: 9.48	65% MALE	35% FEMALE
EMAC: 13.57	65% MALE	35% FEMALE
MONTICELLO: 12.56	59% MALE	41% FEMALE

2012-2013 Milestones

- Completed implementation of a fully-integrated electronic medical record and accounting system.
- Implemented Life Skills classes into the Youth Emergency Shelter curriculum.
- Obtained new service agreements between Outpatient Services and both the Little Rock School District and Pulaski School District.
- Increased utilization of Bess Chisum Stephens Community Center to enhance the treatment of residential and therapeutic transitional living clients, as well as created a pass system for residential clients and their families to utilize the Bess Chisum Stephens Community Center when the children are on weekend passes.
- Smart Boards were installed in Residential Classrooms through the assistance of grants from local school districts.
- Monticello Residential facility was featured in the University of Arkansas at Monticello catalog for their work in employing graduates and for offering services to the community.
- Plans were implemented to begin construction of new classrooms and office for Day Treatment on our 12th Street Campus.
- Increased the State contract with Therapeutic Family Homes Program to incorporate nine additional beds as well as expanded the program into Saline County.
- Celebrated the legacy of Centers for Youth & Families through the event Legacy in November of 2012.
- Launched website redesign in February of 2013 and increased social media efforts to encompass Facebook, Twitter and Pinterest as well as established an internal blog to increase agency-wide communication.



FAMILY

RESPECT

IN

AGENCY BOARD OF DIRECTORS

Peyton Bishop, Chairman

Kim Evans, Vice Chair

Mark Allison, Secretary

Andy LaGrone, Treasurer

Chad T. May, Member-at-Large

Doug Stadter, CFYF CEO & President

Carole Baxter, Ron Boyeskie, Kelly Eichler, Jo Evelyn Elston, Rick Fleetwood, Charlotte Gadberry, Scott Gordon, Samantha Hartley, Michel Leidermann, Don Pfeifer, Barry Simon, Kim Stafford, Matt R. Suffern

FOUNDATION BOARD OF TRUSTEES

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Deb Haddadi, Vice Chair

Tommy Clements, Secretary/Treasurer

Dawn Prasifka, Foundation Executive Director

Doug Stadter, CFYF CEO & President

Joellen Beard, Chris Bell, Peyton Bishop, Austin Brightop, Ginny Deuschle, Kelly Eichler, Susan Elder, Annette Fisher, J.C. Halsell, Lynn Harbert, Greg Hatcher, Lewis May, Robert McLarty, Rob Noiro, Paul Parnell, Kay Patton, Don Pfeifer, Felton Rhodes, Alese Stroud, Bill Temple, Annamary Thompson

INTEGRITY EXCELLENCE HOPE

CFYF LOCATIONS

CORPORATE OFFICES:

Forest Place

5905 Forest Place, Little Rock 72207

501.666.8686 or 1.888.868.0023

Foundation Office:

5905 Forest Place, Suite 200, Little Rock 72207

501.666.9436

Freeway Medical Building

5800 West 10th Street, Little Rock 72204

501.666.8686 or 1.888.868.0023

PREVENTION PROGRAM LOCATIONS:

Bess Chisum Stephens Community Center

1200 South Cleveland Street, Little Rock 72204

501.664.4268

Parent Resource Center

5905 Forest Place, Suite 205, Little Rock 72207

501.666.6833

Southeast Arkansas Office

2138 Highway 65 South, Eudora 71640

870.355.8200

INTERVENTION PROGRAM LOCATIONS:

Therapeutic Family Homes Program

6601 West 12th Street, Little Rock 72204

501.660.6817

Therapeutic Transitional Living Center

6425 West 12th Street, Little Rock 72204

501.666.7233

Youth Emergency Shelter

6425 West 12th Street, Little Rock 72204

501.666.7233

TREATMENT PROGRAM LOCATIONS:

Day Treatment School

200 West 20th Street, North Little Rock 72114

Outpatient Counseling Services

5905 Forest Place, Suite 100, Little Rock 72207

Elizabeth Mitchell Adolescent Center

6501 West 12th Street, Little Rock 72204

Elizabeth Mitchell Children's Center

6601 West 12th Street, Little Rock 72204

Southeast Arkansas Residential Center

936 Jordan Drive, Monticello 71655

870.460.0066



The Centers

For Youth & Families

Building Healthy Children, Families and Communities

**PO BOX 251970
LITTLE ROCK, AR 72225-1970
501.666.8686
www.CFYF.org**