

A photograph of three children running happily in a field. The image is overlaid with a semi-transparent purple filter. The children are in the foreground, running towards the camera. The background shows trees and a grassy field.

Serving Arkansas since 1884

The Centers

2018

IMPACT REPORT

The mission of Centers for Youth & Families is to provide specialized prevention, intervention and treatment services that promote emotional and social wellness for children and families in Arkansas.

Letter from Melissa Dawson, CEO



Your loyal support is important to children in our care every year and especially in this past year marked by growth, new opportunities and one constant—change—in caring for children, youth, families and adults in your community. Thousands of people each year come to The Centers for residential care, counseling, day treatment school, prevention programs and therapeutic foster care.

This year, I am proud that, with your support, we:

- Changed the lives of **more than 3,000 people** in almost every county of our state, people who came to The Centers struggling with trauma, abuse and hopelessness.
- Created a unique program to support teenagers who have committed misdemeanors through a **partnership with Rite of Passage**, a national organization that serves more than 2,000 at-risk youth all over the United States.
- Served **more than 25 people** who are victims of human trafficking in our residential Human Trafficking Treatment Center and our Outpatient Counseling Programs. Volunteers help with mentoring, peer support and therapeutic activities.

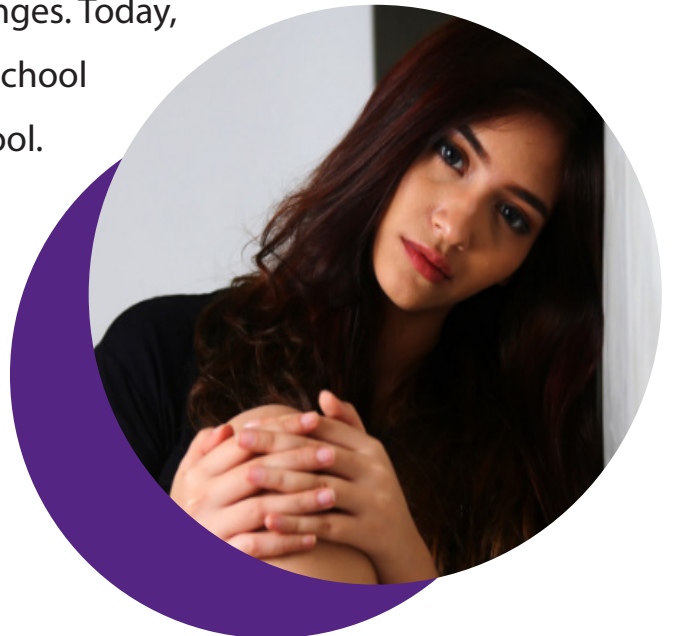
As I finish my first year as the **newest CEO** for The Centers, an organization I have served in various roles for more than 20 years, I remain committed to serving the most vulnerable in our society—teenage moms living on low or no incomes, children in foster care, teenagers with no safe place to live, parents in need of answers to be the best parents they can be and students who need a specialized classroom to be successful. Our **250 employees** strive every day to join you in the journey of healing.

I encourage you to stay in touch with us through our e-newsletter and social media. Take a moment to sign up for our e-newsletter at CFYF.org and like us on Facebook and Instagram. Your gifts and support changes lives of children and youth every day.

Melissa Dawson

In 2018 you helped thousands of youth like Kelly.

Kelly came to The Centers for residential care in Little Rock after she was in acute care following a suicide attempt. She benefited from counseling, medication and working with counselors to formulate short and long-term goals. She improved her grades in our school. As we cared for her, we learned she had been trafficked by her father who sold her “services” so he could buy heroin. Her mother was not involved in her life and she felt she had nowhere safe to live. She moved to Therapeutic Foster Care, where she lived with one of our foster care families. She faithfully attended her new school and continued benefiting from The Centers’ Outpatient Counseling Program, where she and her therapist continued to work on coping skills and attachment challenges. Today, she is planning to graduate from high school on time and enroll in cosmetology school. She’s reunited with extended family members. She feels a sense of love and belonging that she attributes to the healing she found at The Centers—the healing you helped make possible.



ABOUT OUR PROGRAMS

How The Centers serves your community...

Therapeutic Foster Care (TFC):

Centers' staff recruit, train and approve families to serve as therapeutic foster parents for vulnerable foster care youth. We help to place children and youth in foster care with our families and provide youth and foster parents with counseling services and support.

Residential Treatment (RT):

Locations in Little Rock (LRRT) and Monticello (MRT)

Centers' staff provide intensive, inpatient, psychiatric help and educational services for children and adolescents who have suffered trauma and are exhibiting serious social, emotional and behavioral challenges.

Outpatient Counseling (OP):

Centers' staff provide mental health services to children, youth and adults with a goal of diagnosing and treating those who are experiencing emotional or behavioral problems.

Day Treatment (DT):

Centers' staff provide education services to students with social, emotional or behavioral challenges who cannot function in a traditional academic setting.

Prevention Services (PS):

Centers' staff focus on the outreach, education and wellness of families. Programs include: The Healthy Families America-Maternal Infant Early Childhood Home Visiting Program and Personal Responsibility Education Program (PREP). Prevention Services also includes parenting classes for those wishing to learn or improve their parenting skills, and trainings for schools and communities in Mental Health First Aid and Human Trafficking Prevention & Identification.

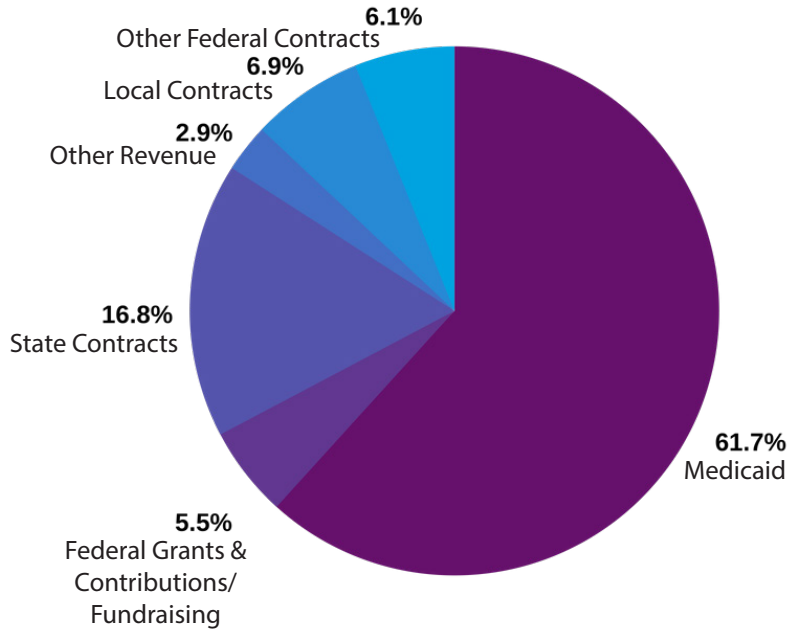
Human Trafficking (HT):

Centers' staff provide safe, therapeutic, inpatient and outpatient treatment for minor victims of sexual and labor exploitation. Services are provided for adult victims in the outpatient counseling setting.

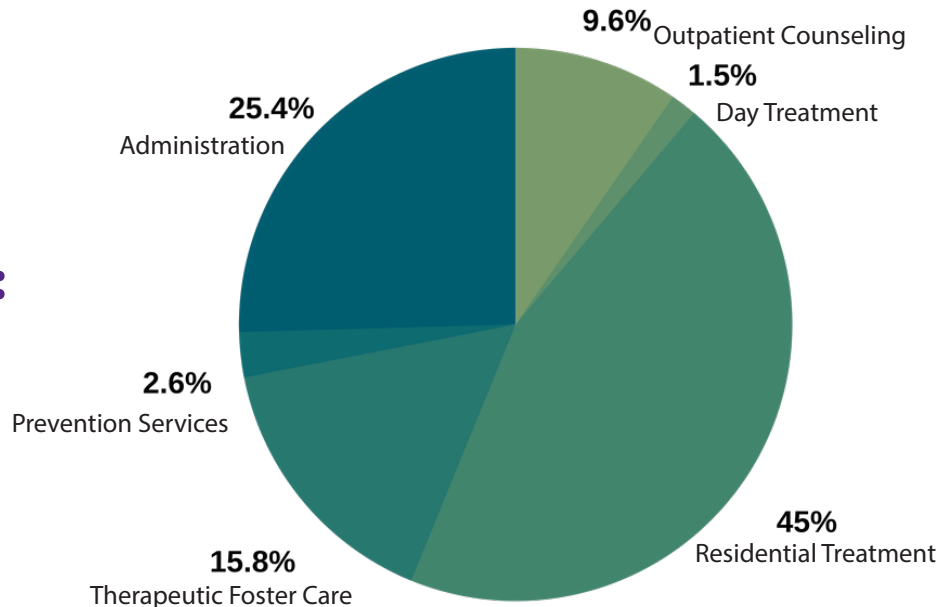
FINANCIAL SUMMARY

Fiscal Year July 1, 2017 - June 30, 2018

Total Revenue:
\$17,387,885

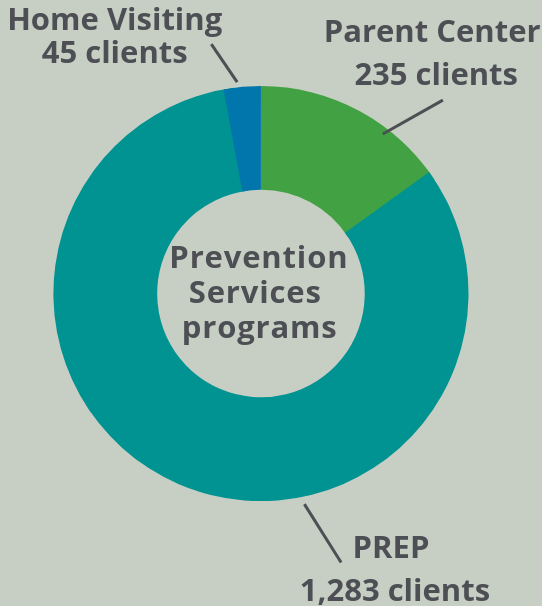
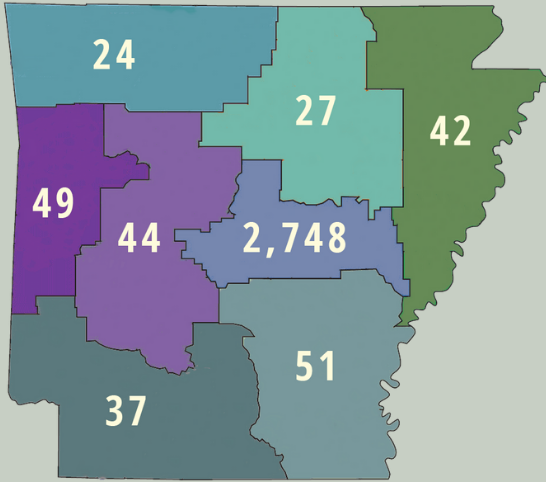


Total Expenses:
\$17,537,022

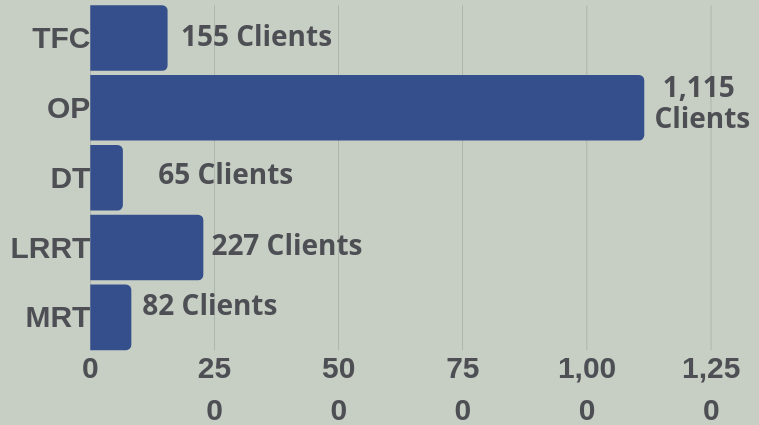


BY THE NUMBERS*

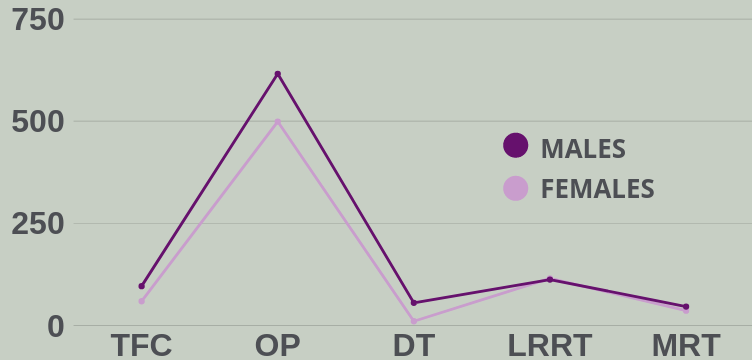
A total of 3,022 people came to The Centers in 2018 for programs ranging from counseling to residential care. They were from:



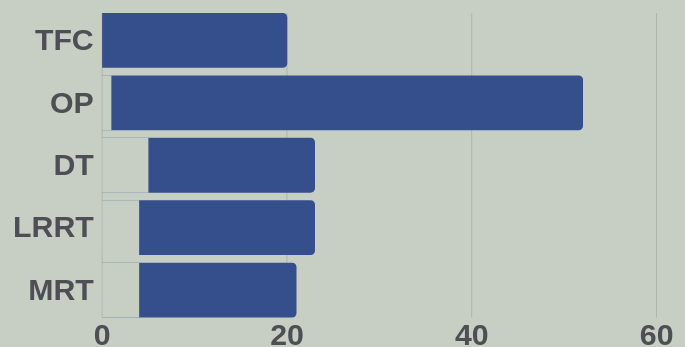
NUMBER OF CLIENTS BY PROGRAM



GENDER OF CLIENTS



AGE OF CLIENTS



*Refer to page 3 for program descriptions and acronym definitions

CENTERS FOR YOUTH & FAMILIES FOUNDATION

Your gifts change lives of thousands of children, youth and adults who come to Centers for Youth & Families. They come to The Centers for comprehensive services that range from outpatient counseling to having a safe place to live away from abuse. The Centers Foundation helps you make a difference in the lives of many Arkansans in our care.

27th Annual Centers Classic Golf Tournament

October 9, 2017

Pleasant Valley Country Club

Close to 200 golfers joined together to raise funds to heal children and youth from trauma and enjoy a day of friendly golf competition.

The Centers Classic is held each year on Columbus Day.

Chair: Andrew Carroll Co-chair: Josh Pettus



The Evolve Gala: A Night in the Jungle

January 27, 2018

Statehouse Convention Center

More than 700 supporters celebrated The Centers' mission of healing during the annual gala, recognized the Honorable J. French Hill, 2nd District Congressman, as the 2018 Hero of Hope and recognized the first class of the Champions of Hope, a service program hosted by The Centers for 11th and 12th grade boys.

Chair: Ginger Johnson Co-chair: Trena Nosler

Sponsorship Chair: Dudley Shollmier Jr.

EVOLVE
A NIGHT IN THE JUNGLE

WAYS YOU CAN HELP A CHILD IN NEED



GIVE ONLINE

cfyf.org/foundation/donate



TEXT TO GIVE

Text:
@cfyf
to
52014



MAIL YOUR GIFT

P.O. Box 251970
Little Rock, AR 72225



GIVE US A CALL!

501-666-9436

Emerging Leaders Young Professionals

Future leaders in central Arkansas enjoyed social time together and made a difference for children and youth at The Centers. Emerging Leaders volunteered with children and youth at The Centers, helping to celebrate holidays and other activities.

Chairs: Brooks Rogers and Greg McCarroll



Champions of Hope

During the inaugural year of Champions of Hope, eleven boys in 11th and 12th grade completed a unique service program where they volunteered their time at The Centers and were recognized for their commitment at The Evolve Gala.

Chairs: Trena Nosler and Ginger Johnson



OUR VALUES

Family | At The Centers, we are a family for families. We work together as a team to provide support to each other and to the families we serve.

Respect | We believe each person is worthy of courtesy, politeness and kindness. We openly show our appreciation to our consumers, vendors and colleagues.

Integrity | We are professional and honest in our working relationships. We hold ourselves accountable to the highest ethical and performance standards. We do the right thing.

Excellence | For over 130 years, we have remained steadfast to our focus on the quality care of children and families. This sustained passion drives us toward continued improvement in the services we deliver.

Hope | We give parents and children confidence to lead socially and emotionally healthy lives.

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PO Box 251970 • Little Rock, AR 72225-1970
501.666.8686 • 888.868.0023
www.CFYF.org

CFYF Locations

Elizabeth Mitchell Children's Center
Outpatient Counseling • Day Treatment

Elizabeth Mitchell Adolescent Center
Access/Admissions • Client Records
The Parent Center

6501-6601 West 12th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

Destiny House

6425 West 12th Street
Little Rock, AR 72204
501.666.7233 or 888.868.0023

Freeway Medical Building

Suite 600
Therapeutic Family Homes Program

Suite 402
Foundation Offices

Suite 101
Accounting • Administration • Human Resources
Risk Management • Prevention Services

5800 West 10th Street
Little Rock, AR 72204
501.666.8686 or 888.868.0023

Southeast Residential Center

936 Jordan Drive
Monticello, AR 71655
870.460.0066 or 888.868.0023
